

Stool Collections for Reference Lab testing.

A. Containers and Transport:

Special containers and 100-mL white polypropylene aliquot containers for the collection and processing of fecal specimens are supplied.

Stool specimen (Timed or random accepted depending on test ordered).

For a timed collection, the entire collection containing at least 5 g is required. For a random collection, a minimum of 5 g


(do not send entire collection) is required. Send specimen frozen in container(s) supplied. Containers are available in the laboratory. See "Stool Collections" below.

- Note:**
1. **Length of collection period is required** on request form for processing.
 2. For 3 days prior to and during the collection period:
 - A. Patient should be on a fat-controlled diet (100-150 g fat per day).
 - B. No laxatives (particularly mineral oil and castor oil)
 - C. No synthetic fat substitutes (eg, Olestra) or fat-blocking nutritional supplements
 3. Barium interferes with test procedure; a waiting period of 48 hours before stool collection analysis is recommended.
 4. **Label all containers X of X, eg, 1 of 2, 2 of 2; and send all containers.**
 5. A separate order and collection should take place if stool calcium, chloride, magnesium, osmolality, potassium, sodium, or any microbiology testing is desired.

Please check the specific test listing for preferred transport temperature.

B. Container Label and Required Information:

1. Each container has the following label affixed.



Biohazard

MML Stool Collection Container
Only Fill Container to this Line

Please fill in the blanks below:

Duration: Random 24 hrs 48 hrs
 72 hrs other _____

Is this the entire collection?
 Yes No - This is container _____ of _____ (ie 1 of 3)
 (If this is a homogenized aliquot - see MML catalog for more information) MC1235-30

Patient Name: _____

2. At the time the container is given to the patient, please:
 - a. Fill in patient name.
 - b. Review the test to be done and specimen requirements with patient.
 - Collection duration
 - Diet requirements
 - Collection and storage of specimen until it is returned
 - Four containers should be provided for a timed collection
 - One aliquot container should be provided for a random collection
 - Provide patient with information on how to obtain additional containers should that be necessary
 - c. Instruct patient to not fill any container more than 3/4 full (to indicated line on label).