



LAB BULLETIN

Implementation Notice:

Effective Date: 9/15/2008

Explanation of Change: Urine Glucose Pre-Screening for Glucose Tolerance Testing - Discontinued

Northwest Clinical Laboratory has discontinued the practice of requiring a urine glucose measurement as an immediate screen just prior to conducting oral glucose tolerance testing. According to the 2007 Washington State Department of Health Diabetes Screening Guidelines, screening the patient's urine for glucose prior to the administration of oral glucose is not required. This will affect glucose tolerance tests: 2 hour, 3 hour, 4 hour, 5 hour and 6 hour as well as the OB 3 hour testing.

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Reference: M.W. Carpenter & Donald R Coustan, Diagnosis of Gestational Diabetes. Diabetes Care, Volume 21, Supplement 2, B5-8, 1998.

American Diabetes Association, Gestational Diabetes Mellitus, Diabetes Care, Volume 27, Supplement 1, January 2004